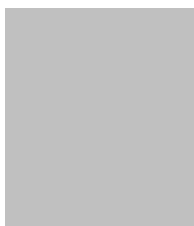


INFORMAZIONI PERSONALI

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Martina Favarato

 ASST Grande Ospedale Metropolitano Niguarda

 martina.favarato@ospedaleniguarda.it

Sesso Femmina | Data di nascita 17/12/1993 | Nazionalità Italiana

POSIZIONE RICOPERTA

Dirigente medico

ESPERIENZA
PROFESSIONALE

(da 01/03/2025- ad oggi)

Dirigente medico presso SAR ad indirizzo neurologico

ASST Grande Ospedale Metropolitano Niguarda

ISTRUZIONE E FORMAZIONE

(da 31/01/2021 – ad oggi)

Specializzazione in Anestesia Rianimazione e Terapia del Dolore

Università degli studi Milano-Bicocca

- Anesthesia Department of IRCCS San Gerardo, Monza(jan-march 2021): general and gynecological surgery plus prehospitalisation visits.
- Cardiac Intensive Care of IRCCS San Gerardo, Monza (apr-aug 2021): it was during COVID19 pandemic, so I was asked to shift from the OR to the ICU for lacking of personnel . It was a lot more of a general ICU, with less cardiac patients who were attended by more qualified and senior personnel.
- Anesthesia Department of ASST Desio Hospital (sep-dec 2021): surgical specialty were general, ORL, orthopedic, urological and gynecological surgery Liver Transplantation Center in ASST Niguarda Hospital, Milano (jan-jun 2022): this rotation was comprehensive of both elective hepatic/general surgery and postoperative intensive care shifts, with several on-call shifts for liver transplant during the week.
- General Intensive care in Niguarda Milano (jul-dec 2022): trauma and referral center for burn patients and sometimes we had MedicalEmergencyTeam (MET) shifts
- Obstetrics and peadiatric surgery in ASST Niguarda, Milano (jan-march 2023): elective/urgent c-section, labour analgesia and obstetrics emergency management, elective surgery in paediatric patients (ORL, ofphthalmologic, general surgery) MET service in ASST Niguarda, Milano (apr-jun 2023)
- Neurointensive care in ASST Niguarda, Milano (jul-dec 2023): also this rotation included both the intensive care and the neuroanesthesia (elective and urgent surgery) for at least a week per month.
- Anesthesia department of ASST Lecco (jan- jun 2024): as a senior resident, I've been assigned mostly to the emergency OR and more advanced anesthesia such as thoraco-vascular surgery and neurosurgery.
- Cardiac Intensive Care of ASST Lecco (jul-on going): even this rotation encompassed both cardiac surgery (a week per month shifts at least) and intensive care shifts.

(da 10/19 – a 10/2020)

Borsa di Studio per ricerca

Università degli studi Milano-Bicocca

- I've applied for this scholarship after medicine graduation in order to carry on a project started during the last year of medicine. This project was about a regional registry of major trauma in Lombardy.
- During this yearly scholarship i was also assigned to ALBIOSS2 data and sample collection of ASST Niguarda.
- During the first wave of COVID19 pandemic i've helped and coordinate a group of students in collecting data about this new pathology, building a study project involving machine learning analysis (In collaboration with Dr Grossi) in order to predict the positivity or negativity to covid test basing upon few available data, retrieved in the ED. These results lead to a publication.
- I've also managed the interaction with the ethical committee for approval of several studies.

(da 2013 – a 2019)

Laurea in Medicina e Chirurgia

Università degli studi Milano-Bicocca

In the last two years of Med School I willingly attended the General Intensive Care of Niguarda as an intern thanks to Dr. Bassi.

He gave me the opportunity of being involved inside the workflow of a large ICU, attending mostly every day for a year and a half under the guide of a tutor (Dr.ssa Lovisari and Dr. Giudici), learning how to inspect a critical patient and even doing some procedure (such as CVC and arterial catheter positioning).

This brought me from the med student with a lot of knowledge but zero practical eye to a real clinician, with less to nothing of expertise but nonetheless a clinician.

COMPETENZE PERSONALI

Lingua madre Italiano

Altre lingue

Inglese

COMPRESIONE		PARLATO		PRODUZIONE SCRITTA
Ascolto	Lettura	Interazione	Produzione orale	
C1	C2	B2	B2	B2

Livelli: A1/2 Livello base - B1/2 Livello intermedio - C1/2 Livello avanzato
 Quadro Comune Europeo di Riferimento delle Lingue

Competenze informatiche

- Microsoft Excel | Microsoft Word | Microsoft Powerpoint | Social Media | Microsoft Office | Google Docs | Database building and management skills (FileMaker Pro) | REDCAP | Google Drive | Conoscenza di softwares per analisi statistica e scrittura scientifica (GraphPad Prism Mendeley)

Patente di guida B

ULTERIORI INFORMAZIONI

Pubblicazioni

- 2020 -Chest wall pain management after chest wall trauma. Reference: Lovisari F, Favarato M, Giovannini I, Giudici R, Fumagalli R. J Vis Surg 2020;6:18.
- Pronation Technique in ARDS Patients Reference: Di Fenza R, Gay H, Favarato M, Fontana I, Fumagalli R. Abtpn15Jul.2020;7(1): 21-3
- Development of machine learning models to predict RT-PCR results for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in patients with influenza-like symptoms using only basic clinical data. Reference: Langer, T., Favarato, M., Giudici, R. et al. Scand J Trauma Resusc Emerg Med 28, 113 (2020).
- 2021 -Prone position in intubated, mechanically ventilated patients with COVID-19: a multi-centric study of more than 1000 patients. Reference: Langer T, et al. PRONA-COVID Group.Crit Care. 2021 Apr 6;25(1):128
- 2022 -Communication and visiting policies in Italian intensive care units during the first COVID-19 pandemic wave and lockdown: a nationwide survey Reference: Langer, T. et al. BMC Anesthesiol. 2022 Jun 17;22(1):187

Presentazioni
2020

SMART meeting Milano Milano: Abstract presentation with poster: Development of Machine Learning models to predict RT-PCR results for Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) in patients with influenza-like symptoms using only basic clinical data; Link: <https://www.smartonweb.org/poster/poster/2020/P15 Favarato.pdf>

2021

AREA CRITICA Bologna: Oral presentation of publication: Development of Machine Learning models to predict RT-PCR results for Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) in patients with influenza-like symptoms using only basic clinical data

2024

SMART meeting Milano Milan: Oral presentation of abstract: Acute ischemic stroke admission to a NeuroIntensive Care Unit in a comprehensive stroke center: our experience in 2023

Progetti

SottoPetalò Stroke per PROSAFE- GIVITI: I've been asked from GIVITI (Gruppo italiano per la Valutazione degli interventi in Terapia Intensiva) to coordinate a working group responsible for the creation of a subdatabase about Ischaemic Stroke, in the context of database PROSAFE.

Conferenze

[2018] SMART meeting Milano
[2019] SMART meeting Milano
[2020] SMART meeting Milano
[2021] SMART meeting Milano
[2022] SMART meeting Milano
[2022] ESICM Paris
[2024] NEurons Roma
[2025] SMART meeting Milano

Dati personali

Autorizzo il trattamento dei miei dati personali ai sensi del Decreto Legislativo 30 giugno 2003, n. 196 "Codice in materia di protezione dei dati personali".

Data 03/06/2025

F.to da Martina Favarato